## WHAT IS THE I CAN NETWORK **ONLINE MENTORING PROGRAM?**

I CAN Network's National Online Mentoring Program is having an impact on Autistic and neurodivergent young people who are socially isolated and face difficulties in life. Participant and parent feedback has been positive and highlights the variety of outcomes which participants can achieve in our programs.



the community, how lovely everyone is,

how accepting everyone is...it's, also not

too... overwhelming because it's not like

real-life..." - LGBTQIA+ Participant

"It means that I am not lonely &

From their comments, parents observe the following outcomes among young people engaging the National Online Programs:

Improved Mental Wellbeing

**Improved** Communication Skills

**Improved** Social Skills

"He has built so much more confidence and now talks more about his Autistic identity with pride. It's been amazing for his sense of belonaina and also for his self-esteem." - Parent of Online Participant

WHAT **PARENTS** SAY

Enjoyment of the Program

"I really enjoy the games, the people,

Willingness

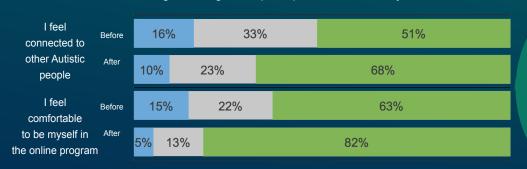
to Participate

Increased Positivity on Autism

"After participating a few times, she started to communicate.. [and] even participated by speaking, which was a great breakthrough." - Parent of **Online Participant** 

## PARTICIPANT RESULTS I can talk to some [Autistic] people like me." - Young Adult Participant

Changes among online participants in a 6-week cycle



Disagree or Strongly Disagree III I am not sure Agree or Strongly Agree

No. Students = 144 for before and No. Students = 136 for after, pooled from 21 programs

In the National Online Programs, participants can establish social connections with other Autistic young people and be themselves. These are enabled by a positive, safe group environment where participants can engage in the session without feeling judged or stressed.

JOIN US



Write to our Online team at: online@icannetwork.com.au Or for more information visit our website at: icannetwork.online or follow us on social media.



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