

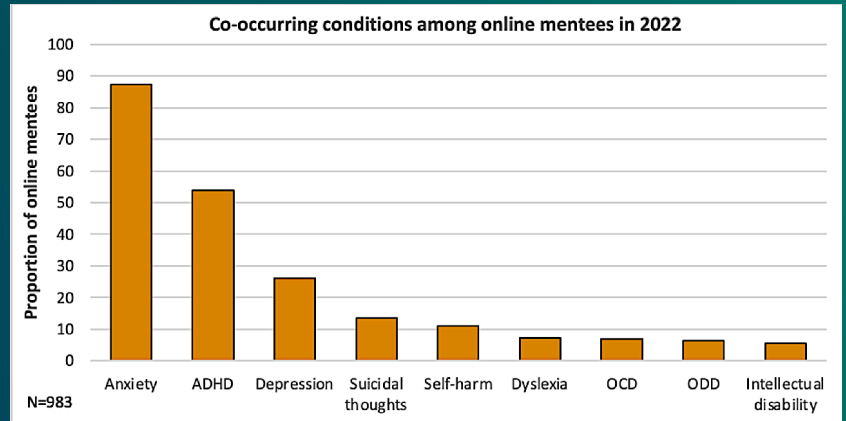
2022 SOCIAL IMPACT REPORT

I CAN ONLINE PROGRAM

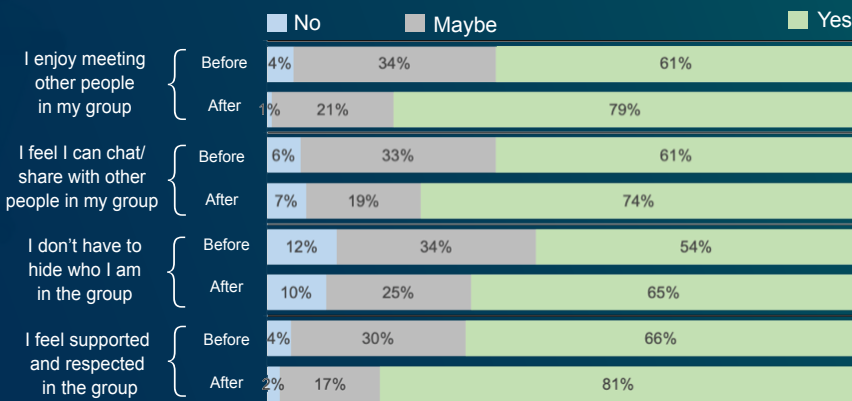


In 2022, we conducted 75 online mentoring programs over five six-week cycles and two school holiday programs, engaging 983 Autistic young adults across Australia. Our online mentoring programs are not only engaging Autistic young people, many of whom are highly vulnerable, but they're also proving to have a positive long-term impact on Autistic young people.

Our program mentors Autistic young people with one or more co-occurring conditions. The three most common are **Anxiety (87%), ADHD (54%) and depression (26%)**



Changes among I CAN Online mentees (Cycle 3, 2022)

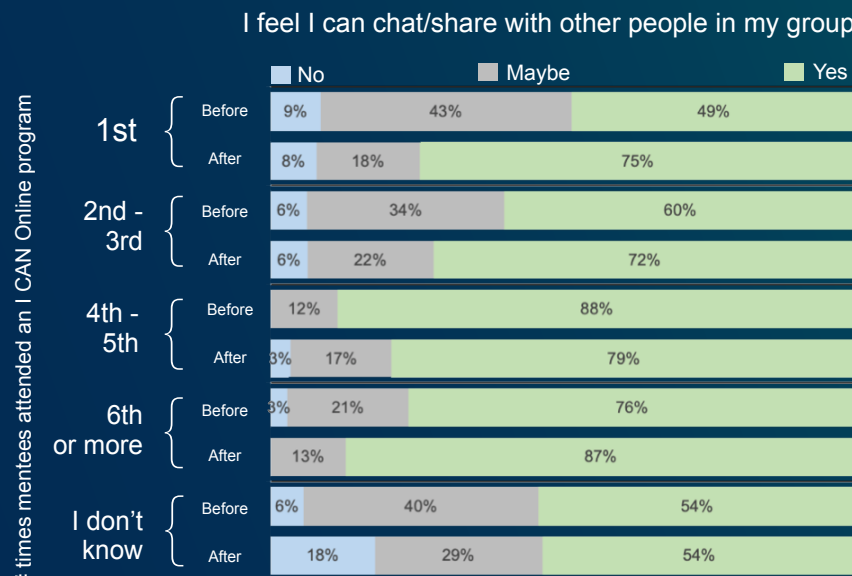


N=237-245 for before and N=220-228 for after, pooled from 35 programs

Our I CAN Online Mentoring Programs produced positive changes among mentees, with an **increase** of:

- **18% in social connection;**
- **13% in communication skills;**
- **11% in self-acceptance; and**
- **15% in positive program environment**

Our I CAN Online Programs are having a positive impact on Autistic young people which can be sustained in the long-term. This provides the impetus to keep running our online mentoring programs to reach out to more Autistic young people across Australia.



N=26-80 for before and N=28-80 for after, pooled from 35 programs

Repeated participation of our online programs has led to sustained positive changes among mentees. In terms of communication skills, first-time mentees show a marked improvement after the program, with a **26% increase**. Repeat participants became increasingly capable in communicating with other people, shown by the increase in 'Yes' responses before the program.

To enquire about becoming an I CAN School, write to us at: mentoring@icannetwork.com.au

Or for more information visit our website at: icannetwork.online or follow us on social media.